

EAR CONSULTANTS OF GEORGIA

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ENG (Electronystagmography) TEST INSTRUCTIONS

Appointment Date _____
Appointment Time _____

This test will evaluate your dizziness. These instructions will prepare you for your appointment.

1. Medications affect this test. You must not take the following medications for 72 hours prior to testing: dizziness/vertigo medications, certain allergy drugs, sleeping pills, antidepressants, or narcotic pain medication.
2. Do not drink any alcohol (this includes beer and wine) for 48 hours prior to the test.
3. Do not eat four hours prior to the test. Have a small snack if needed.
4. Please dress comfortably. You will be asked to change body positions often.
5. Please do not wear make-up on your forehead or around the eyes. Electrodes will be placed in these areas and the make-up will interfere with them.
6. If you wear the contact lenses, you will need to remove them. You can bring supplies and your glasses with you. If you wear glasses, please bring them with you.
7. Please inform the audiologist of any medical conditions that might interfere with the testing including, but not limited to, back or neck pain, visual limitations, vomiting/nausea occurring with dizziness, or any other medical history.

The ENG test takes approximately 75 minutes. If you are susceptible to extreme dizziness upon movement, you may wish to have someone drive you to and from the appointment.

If you are referred by a physician outside our practice, please have them fax us a copy of your most recent audiogram prior to the appointment date. Our fax number is 404-943-0171. You will need to verify that we are on your insurance plan prior to the appointment and get any necessary referrals for the testing.

Please call us at 404-943-0170 if you have further questions.